

コース別 検査項目一覧表

| 検査種別 | 検査 | 人間ドック (助成ドック含む) | 協会けんぽ 人間ドック健診 | 協会けんぽ 一般健診 | 協会けんぽ 節目健診 | 協会けんぽ 若年層健診 | 定期健康診断 | | 特定健診 | 労災二次検診 |
|-----------|----------------|--------------------|------------------|-------------------|-------------------|----------------|------------------|-------------------|------|----------------------|
| | | | | | | | ①35歳・40歳以上 | ②39歳以下 (35歳除く) | | |
| 身体計測 | 身長・体重 | ● | ● | ● | ● | ● | ● | ● | ● | ● |
| 腹囲測定 | 腹囲 | ● | ● | ● | ● | ● | ● 35歳と40歳以上から | | ● | |
| 聴力検査 | 聴力検査 (dB) | ● | ● | ● | ● | ● | ● | | | |
| | 簡易聴力検査 (会話法) | | | | | | | ● | | |
| 眼科検査 | 視力検査 | ● | ● | ● | ● | ● | ● | ● | | |
| | 近点視力検査 | ● | ● | | | | | | | |
| | 眼圧測定 | ● | ● | | | | | | | |
| | 眼底検査 (両眼) | ● | ● | | ● | | | | | |
| 血圧測定 | 血圧測定 | ● | ● | ● | ● | ● | ● | ● | ● | |
| 安静心電図検査 | 安静時心電図 | ● | ● | ● | ● | ● | ● | | | |
| 心拍数 | 安静時心電図 | | ● | | | | | | | |
| 胸部X線検査 | 胸部X線 (直接1方向) | ● | | ● | ● | ● | ● | ● | | |
| | 胸部X線 (直接2方向) | | ● | | | | | | | |
| 肺機能検査 | 肺機能検査 | ● | ● | | ● | | | | | |
| 胃部X線検査 | 胃部X線 (直接) | ● | ● | ● | ● | | | | | |
| 胃内視鏡検査 | 胃内視鏡検査 (経口・経鼻) | 無料でどちらか 選択可 | 無料でどちらか 選択可 | 3300円でどちらか 選択可 | 3300円でどちらか 選択可 | | | | | |
| 超音波検査 | 腹部超音波 | ● | ● | | ● | | | | | |
| | 心臓超音波 | | | | | | | | | ● |
| | 頸動脈超音波 | | | | | | | | | ● |
| 医師診察 | 医師診察 | ● | ● | ● | ● | ● | ● | ● | ● | ● |
| その他 | 結果説明 (1日コース) | ● | ● | | | | | | | |
| 尿検査 | 尿糖 | ● | ● | ● | ● | ● | ● | ● | ● | ● |
| | 尿蛋白 | ● | ● | ● | ● | ● | ● | ● | ● | ● 1次健診で 尿蛋白陽性者 |
| | 尿潜血 | ● | ● | ● | ● | ● | ● | ● | ● | ● 医師会はなし |
| | 尿ウロビリノーゲン定性 | ● | ● | | | | ● | ● | ● | ● 医師会はなし |
| | 尿PH | ● | ● | | | | ● | ● | ● | ● 医師会はなし |
| | 尿比重 | ● | ● | | | | ● | ● | | |
| | 尿ビリルビン | ● | ● | | | | ● | ● | | |
| | ケトン体 | ● | ● | | | | ● | ● | | |
| | 尿沈渣 | ● | ● | | ● | | | | | |
| | 便検査 (1日目) | ● | ● | ● | ● | | | | | |
| 便検査 (2日目) | ● | ● | ● | ● | | | | | | |

| | | | | | | | | | |
|---------------|-------------------------|---|---|---|---|---|---------|-----------|---|
| 血液検査 | 白血球数 | ● | ● | ● | ● | ● | ● | | |
| | 赤血球数 | ● | ● | ● | ● | ● | ● | | |
| | 血色素量 | ● | ● | ● | ● | ● | ● | | |
| | ヘマトクリット | ● | ● | ● | ● | ● | ● | | |
| | 血小板数 | ● | ● | ● | ● | ● | ● | | |
| | M C V ・ M C H ・ M C H C | ● | ● | | | | ● | | |
| | 血液像 | ● | ● | | ● | | | | |
| | 血沈 1 時間 | ● | ● | | | | | | |
| | 血沈 2 時間 | ● | ● | | | | | | |
| | 総コレステロール | ● | ● | ● | ● | ● | | | |
| | H D L コレステロール | ● | ● | ● | ● | ● | ● | ● | ● |
| | 中性脂肪 | ● | ● | ● | ● | ● | ● | ● | ● |
| | L D L コレステロール | ● | ● | ● | ● | ● | ● | ● | ● |
| | non-HDL-コレステロール | ● | ● | ● | ● | ● | | | |
| | 総蛋白 | ● | ● | | ● | | | | |
| | アルブミン | ● | ● | | ● | | | | |
| | A / G 比 | ● | ● | | | | | | |
| | 総ビリルビン | ● | ● | | ● | | | | |
| | G O T (A S T) | ● | ● | ● | ● | ● | ● | | |
| | G P T (A L T) | ● | ● | ● | ● | ● | ● | | |
| | γ-G T P | ● | ● | ● | ● | ● | ● | | |
| | L D H | ● | ● | | ● | | | | |
| | L A P | ● | ● | | | | | | |
| | C H E | ● | ● | | | | | | |
| | A L P | ● | ● | ● | ● | ● | | | |
| | C P K (C K) | ● | ● | | | | | | |
| | 尿酸 | ● | ● | ● | ● | ● | | | |
| | 尿素窒素 | ● | ● | | | | | | |
| | *クレアチニン ・ eGFR | ● | ● | ● | ● | ● | | | |
| | 血糖 | ● | ● | ● | ● | ● | ● | ● | ● |
| H b A 1 c | ● | ● | | | | | ● | ● | |
| | | | | | | | 医師会のみ実施 | 1次健診で未測定者 | |
| 血清アミラーゼ | | | | ● | | | | | |
| C R P | ● | ● | | | | | | | |
| 梅毒 R P R 法 | ● | ● | | | | | | | |
| 血液検査 (省略可) | 血液型 (A B O Rh) | | ● | | | | | | |
| | H B s 抗原 | | ● | | | | | | |
| 特定保健指導 | 特定保健指導 | | ● | ● | ● | | | | |